



2017/18  
Impact Report

# CW+ in numbers

£6.8m Donations received	£4.9m Donations pledged	£1m Maternity donation received
315 Activity sessions with older patients	1,648 Older patients participating in activities	218 CW+ MediCinema screenings for patients
132 Music, theatre and dance workshops for children	£1m Of grants awarded	74 Grants awarded
£10.7m Secured for Critical Care Campaign	1m Patients cared for by our Trust	£100k Sun and Stars Appeal launched

These figures relate to the period 1 April 2017 - 31 March 2018

## Welcome

Welcome to our 2017/18 Impact Report. Thanks to the support from our local communities and our hospital colleagues, we have been able to transform patient care and experience at our hospitals which we hope you will enjoy reading about.

The start of 2017 was an exciting time for CW+ as we became independent from the Department of Health and launched as a newly constituted charity on 1 January. Our new group of Trustees includes from the Trust CEO Lesley Watts, Medical Director Zoe Penn and two Non-Executive Directors. This new structure means we have an even clearer alignment between the charity and the Trust.

The launch of our £12.5 million Critical Care Campaign in February 2017 was a milestone for CW+ as it is our first capital and most ambitious fundraising appeal to date. We have been overwhelmed and delighted by the response to the Campaign, which in its first year has raised over £10 million.

It has been a wonderful year of expanding our activities to West Middlesex University Hospital and launching the Sun and Stars Appeal to transform the children's inpatient wards. We are running weekly participation workshops and have transformed the environment on multiple wards.

We have been thrilled to fund and develop innovative ideas from staff and companies to improve the delivery of care for patients. This work has helped establish us as a real leader in health innovation.

We have some important anniversaries to celebrate in 2018/19 including the 25<sup>th</sup> birthday of Chelsea and Westminster Hospital, 70 years of the NHS and 300 years since the original Westminster Hospital was established thanks to charitable donations.

We are extremely proud and grateful that this heritage of charitable support continues to this day and we look forward to marking these historic milestones with our local communities. **Thank you.**



**Tony Bourne**  
Chairman



**Chris Chaney**  
Chief Executive

## Thank you

**The support from the CW+ community over the past year has once again been wonderful.**

Despite the NHS being under immense pressure and a very challenging Winter period, our Trust has continued to care for its community with pride, kindness and compassion and remains one of the top ten best performing Trusts in the country.

We were absolutely delighted to be rated 'Good' by the Care Quality Commission following a recent inspection. This wonderful result was achieved by the amazing dedication, commitment of our staff to patient care, and loyalty to each other and our organisation.

We could not achieve this without the support of our local communities. Your support means we can go that extra mile for our patients, providing them with the best facilities, the latest innovations and technologies, a healing environment and a broad range of participatory activities. This high level of care and experience is not something the NHS can provide alone, so charitable donations really do make a big difference.

On behalf of our patients, families and staff, we would like to express our sincere thanks to everyone who has, and continues to support our hospitals.

**Sir Tom Hughes-Hallett**  
Chairman

**Lesley Watts**  
Chief Executive

Chelsea and Westminster Hospital NHS Foundation Trust



## Care Quality Commission (CQC)

**Chelsea and Westminster Hospital NHS Foundation Trust has received an overall rating of 'Good' from the Care Quality Commission. This rating is for both of our hospital sites and in all the five main CQC domains - safe, effective, caring, responsive and well-led. The Trust was also awarded an 'Outstanding' rating for 'use of resources' by an NHS Improvement inspection.**

CW+ is delighted to have been directly involved in a number of the areas which the CQC has recognised in their report including:

- The redevelopment of both hospital A&E departments for adults and children – in particular at Chelsea and Westminster Hospital, the availability of music in paediatrics and resuscitation and the department being colour-coded so patients could find their way around easier
- The advancement of wound healing in patients suffering major burns and sharing of evidence based practice with other NHS care providers
- Participatory activities for older patients at both hospitals to improve wellbeing, mental health and physical recovery
- The innovative mouth care project at West Middlesex University Hospital to help reduce hospital-acquired pneumonia
- The Perfect Ward app to assist staff with ward accreditation
- The involvement of children, young people and parents in service design
- The child friendly and welcoming environment for young people at Chelsea and Westminster Hospital
- Mercury Ward's 'bravery box' for children to provide assurance and encouragement during clinical interventions
- The provision of Butterfly Rooms for end of life patients and their families.





# Critical Care Campaign

**Chelsea and Westminster Hospital NHS Foundation Trust is now the 4<sup>th</sup> largest Accident and Emergency provider in the country. The increase in demand for this service is now having a direct impact on both the adult and neonatal intensive care units at Chelsea and Westminster Hospital, which do not have the capacity to meet this demand.**

Together with the Trust, we launched our Critical Care Campaign in February 2017 to raise £12.5 million to significantly expand and redevelop our adult and neonatal intensive care units at Chelsea and Westminster Hospital. This expansion will enable us to treat over 650 more critically ill patients every year in world-class facilities for them and their families.

Working with our Development Board, we have already secured donations and funding commitments totalling over £10.7 million and building work will be commencing soon.

*“We have made tremendous progress over the last year with our Critical Care Campaign thanks to the incredible generosity of the Chelsea and Westminster community. These vital facilities provide care for the very sickest adults and babies in the hospital and we are excited to be helping increase their capacity and create world-class clinical environments which can then be replicated in other hospitals in the UK and beyond.”*

John Carrafiell, Development Board Chair

## Creating a world-class environment

We have been working with a range of partners to research the existing intensive care unit environments to inform our new designs to create world-class units which will help patients' wellbeing and recovery.

In partnership with Kings College London, we are conducting a research study into the impact noise can have on patient sleep and recovery. We have partnered with Sonitus to install noise monitoring sensors to measure sound in the existing units. We are also working with Drayson Technologies to monitor the air quality and temperature of the environment.

Rambert dance company is exploring the way staff move throughout the unit and how this can impact on their work and care for patients.

Working with the cardiology team, we have developed a new experimental music listening system which adapts to patients' heart rate. This is the first of hopefully several new technologies we are bringing to the new units to create a sensor-rich environment.

We are supporting and working with an architect from award-winning firm Foster + Partners who is undertaking a PhD with University College London to research the impact of ward environment on adult intensive care.



In 2016/17, our Neonatal Intensive Care Unit treated 758 babies



The amount of space in the new Neonatal Intensive Care Unit will increase by 40%



In 2016/17, our Adult Intensive Care Unit treated 616 patients



We will expand the Adult Intensive Care Unit by 45%

# ★ Transforming our children's wards

Our children's inpatient wards at West Middlesex University Hospital care for over 8,000 babies, children and young people every year. Our hospital staff provide excellent care, however the ward environment needs an urgent refurbishment.

In September 2017, we launched our £100,000 **Sun and Stars Appeal** to transform the wards into a bright, fun and welcoming environment for our youngest patients and their parents.

"We are passionate about supporting this appeal. We know just how traumatic it can be when children are in hospital. Creating a child friendly environment which caters for the different ages will really make a difference to children and their families."



Katy Cooper, parent and supporter

Thank you to everyone who has supported the appeal so far, including:

## Our fantastic fundraisers

Thanks to the support of hundreds of people, we have been able to raise £6.8 million this year to support patients and their families. Here are just a few of these incredible people who have helped us achieve this:



Tim Sinnett ran the Kingston Half Marathon raising £371 for the Critical Care Campaign



The late Avril Goodwin sold knitted gifts in recent years raising over £30,000 for Ron Johnson ward



John Carter cycled from London to Devon raising £27,500 for our Burns Unit



Children's ward manager Christina O'Neill who ran the Chiswick 10k and raised £700



The West London Ghanaian Association whose 10<sup>th</sup> anniversary celebration dinner raised £3,425



Ruby Danowski did the Thames River Bike Ride raising £2,250 for the Critical Care Campaign



David from Team Lou ran a half marathon raising £830 for the Critical Care Campaign



William Philpott sold handmade t-shirts at school raising £270 for the Critical Care Campaign



The Royal Military School of Music who took part in the 100 Mile Run in the Cotswolds and raised £600



Tesco's Steven who 'braved the shave' and raised £1,077



Melissa and Joe Smith held a dog and pony show raising £5,000 for our Burns Unit



Racheal and Steve Lane's coffee morning raised £356 for the Critical Care Campaign



Jimmy Carr won Celebrity Catchphrase raising £12,500 for our Burns Unit



# Grants and innovation

**We support projects to advance the delivery of healthcare and improve patient outcomes in our hospitals. We also collaborate with health and technology companies from the wider health sector to bring together the latest innovations to improve patient care and experience.**

## Supporting new mums

The second version of our maternity app 'Mum and Baby' is now available to download for Apple and Android devices. The free app contains over 70 pages providing new parents with reliable, up-to-date advice about looking after their baby and themselves. We are now working on deploying the app across six hospitals in North West London. Since the first version of this app launched, it has had over 10,000 downloads.

## New laser treatment for bladder cancer patients

We have funded a new Diode Laser, which is being used to treat bladder cancer patients at West Middlesex University Hospital under local anaesthetic using a procedure known as Trans Urethral Laser Ablation (TULA). This procedure takes just 30 minutes which is half the time of the operation under general anaesthetic and patients do not need to be admitted overnight.

## Digitising ward audits

We piloted an app-based audit tool which digitised ward quality inspections across forty wards and specialist departments throughout the Trust's two hospital sites. This increased efficiency and facilitated transition to a fully paperless process.

## Improving mouth and dental care

We ran a 'Nursing and Midwifery Transformation Call' for project ideas to improve patient care. We awarded first prize to Kew Ward who identified an innovative solution to improving mouth care for patients, helping to reduce cases of hospital-acquired pneumonia. The CQC recognised this project as an example of outstanding staff led innovation in their recent inspection.

We also supported an initiative the Trust is leading with the Royal Borough of Kensington and Chelsea to educate parents and carers about tooth decay and how to avoid it. Tooth decay is the number one cause of non-emergency hospital admissions for children aged five to nine in the UK and, in London, 27% of five-year-olds have tooth decay.

In support of this project, we have secured funding to train a team of nurses to be 'Oral Health Educators', providing oral hygiene advice and guidance to parents, carers and children.



Staff using the Diode Laser for Trans Urethral Laser Ablation (TULA)



Nurses using the digital audit tool app



Consultant Obstetrician and Gynaecologist Sunita Sharma showing the Mum and Baby app to a new mum



The mouth care project team from Kew Ward

First cancer clinic of its kind in the UK

The Trust’s award-winning Acute Diagnostic Oncology Clinic is a nurse-led fast track service for patients referred from primary care with a clinical suspicion of cancer. However, the service previously did not include ‘vague symptoms’ patients, an area that The National Cancer Strategy is focusing on. We awarded over £96,000 to fund a two-year project to extend the clinic to include these patients, improving time-to-diagnosis, patient experience, and reducing unnecessary emergency admissions. This is the first clinic of its kind in the UK.

Wearable technology to prevent sepsis

We have supported a UK first research study, in partnership with Imperial College London, to evaluate a wearable patch to monitor three key indicators of patient deterioration – heart rate, breathing rate and temperature. Manual observations tend to take place every four to six hours. However, this device monitors patients continuously, allowing staff to identify deterioration much quicker which could help to detect the early signs of sepsis. Over 2,000 patients were monitored with this technology and the study has been awarded support by the Royal College of Surgeons and the National Institute for Health Research.

Fast-tracking walk-in contraceptive services

We have funded a height and weight kiosk for the contraceptive service at our sexual health clinic, 10 Hammersmith Broadway. Previously, clinicians would take patients’ height and weight as an essential part of safe prescribing contraception, which added four minutes to every appointment. Patients now use the kiosk themselves which provides them with a printout to inform the clinician. The clinic can now see more patients each day and other NHS Trusts are keen to purchase this equipment.

Creating a virtual clinic for clubfoot patients

Chelsea and Westminster Hospital operates the largest Ponseti clubfoot clinic in the South East. Children attend the clinic for many years, often travelling long distances. Working with Paediatric Orthopaedic Physiotherapist and UK leading Ponseti specialist Denise Watson, and the Care Information Exchange, we supported the adoption of a custom virtual clinic. This clinic will allow patients to have remote follow-ups with clinicians, reducing the need to travel to hospital.



Denise Watson, Paediatric Orthopaedic Physiotherapist



Dr Meera Joshi with a patient wearing wireless monitoring patch



The Acute Diagnostic Oncology Clinic team



Height and weight kiosk at 10 Hammersmith Broadway



## Improving wound healing for burns patients

We funded specialist training at our Burns Unit for NHS staff to produce bespoke face masks and splints in-house, which are vital for facial scar healing. The Unit is now producing these masks and splints using 3D printing and other production methods, aiming to reduce waiting times from 8-12 weeks to just 1 week.

Face masks were previously costing the Trust £1,320 each, but now cost approximately £100 plus therapy time.

We have also funded a VBeam Pulsed Dye Laser, a LPG Endermologie Machine and a CO2 Laser which are all being used to reduce scarring and improve associated symptoms caused by scars.

**“Having access to this equipment will dramatically change the outcomes for patients with some of our most complex scars, reducing the need for further invasive methods of treatment.”**

Mr Jorge Leon-Villapalos, Burns Service Lead

## Projects in the pipeline

- We are aiming to digitise the post-natal discharge process which is expected to lower average discharge waiting times to under two hours.
- We have awarded £62,000 of funding for an 18-month study to research if a new test to detect poor circulation can be used to help reduce diabetes-related foot wounds and amputations.
- We are exploring augmented reality technology to allow specialist surgeons to advise and educate colleagues at our two hospital sites remotely.
- We are evaluating a new digital sensor for stoma bags which enables wireless monitoring of discharge for patients and their clinical teams.
- We have funded a two-year project that will trial new digital ways of Patient Reported Outcome Measures (PROMs) collection across our Trust's Colorectal Services.



Chelsea and Westminster Hospital treats over 8,000 burns patients every year



Mr Jorge Leon-Villapalos and Mr Declan Collins with the new CO2 laser



3D face mask printing



Burns Unit staff with face mask moulds



# Thank you

We are extremely grateful to all of our donors, partners and volunteers who make our work possible. We would particularly like to acknowledge the following:



## Individuals and Families:

Paul and Edel Best  
Marcus and Muriel Bokkerink  
Natasha and Simon Buchler  
Jimmy Carr  
John and Kate Carrafiell  
John Carter  
Izzy Darmoo's family and friends  
Miel De Botton  
John Deby  
Avril Goodwin  
Reade and Elizabeth Griffith  
David and Grada Helsdon  
Brian and Angela Henderson  
The Hepburn Family  
Sir George Iacobescu  
Robin Marshall  
Eileen Menzies  
Julian and Fiona Mylchreest  
Dwight and Kirsten Poler  
The Power Family  
Hans and Julia Rausing  
Dasha Shenkman  
Michael Siefke  
Joe and Melissa Smith  
Alistair Somerville-Ford  
Maurizio Tassi and Vanessa Dekou  
Kris Thykier and Claudia Winkleman  
Marcela Vizcaychipi  
Tina von Sethe

## Corporate Partners:

Bain Capital Community Partnership  
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DigitalHealth.London Accelerator  
Drayson Technologies  
The Fine Art Group  
The Friends of Chelsea and Westminster Hospital  
Manual.to  
Microsoft for Startups  
Pilar Corrias  
Rambert  
Royal Borough of Kensington and Chelsea  
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Sonitus Systems  
Sophie's Steakhouse  
Strawberry Fields Nursery School  
STV Productions  
VIIMA  
Warburg Pincus LLC  
West London Ghanaian Association

## Trusts and Foundations:

The Abid Ansari Foundation  
The Aitken Family Charitable Trust  
Arts Council England  
The Bryan Adams Foundation  
The Danson Foundation  
The Dr. Mortimer and Theresa Sackler Foundation  
The Eranda Rothschild Foundation  
Garfield Weston Foundation  
The Gooch Charitable Trust  
The Ickle Pickles Children's Charity  
The Irfan Mowjee Foundation  
The Khayami Foundation  
Khoo Teck Puat UK Foundation  
The Melanie White Foundation  
Myers Family Charitable Trust  
Nick Jenkins Foundation  
Pears #iwill Fund  
Peter Cundill Foundation  
The PF Charitable Trust  
Reuben Foundation  
Sir Jules Thorn Charitable Trust  
St Nicholas Fund  
Tavolozza Foundation  
Teapot Trust  
The True Colours Trust

## In Memory and Gift in Wills:

Louise Catlin  
John Edward Efemey  
James Arthur Hutt  
Edwin Wilkinson

Our innovation partners

DH.LA



CW+ is a strategic delivery partner of the DigitalHealth.London Accelerator (DH.LA). The three-year Accelerator programme aims to speed up the adoption of digital health innovation in the NHS, ensuring that greater numbers of patients benefit from emerging new technologies faster. In 2017/18 we worked with the Accelerator and the Trust to successfully establish multiple new innovative projects at our hospitals, supporting our digital health innovation and quality improvement strategy.

Microsoft for Startups



We are the first official NHS partner of Microsoft for Startups in the UK – a programme which supports and empowers innovative start-up companies by providing the tools, resources, connections, knowledge and expertise they need to become successful companies. This partnership will help to identify new innovations and technologies aimed at improving patient care and experience at our hospitals.

We have started this partnership by collaborating with Manual.to, helping staff access up to date training and guidance. Manual.to is a web platform for creating and distributing digital manuals quickly and easily, without expert training, to replace existing paper-based manuals.

Nesta Impact Investments



We have partnered with Nesta Impact Investments to further broaden our access to the latest digital health solutions. We are currently exploring new solutions to improve pre-operative assessment.



Together with colleagues from the Trust, we were invited to showcase 'The Chelsea and Westminster Hospital NHS Foundation Trust Success Story' at the DH.LA celebration event in September 2017.



We were delighted to partner with InnovationRCA and the Royal Society of Medicine to host the first ever 'Design Jam: Design for Health' event in February 2018.



The three-day event aimed to create design solutions to challenges faced in healthcare. Clinicians from the Trust presented their challenges in two preliminary events, which teams of students then designed solutions for.

The Trust's Medical Director Zoe Penn was on the judging panel to select the winning team, which was Shoe Shape. The team were inspired by a challenge presented by Paediatric Orthopaedic Physiotherapist Denise Watson about the lack of affordable custom-fit footwear available for children with clubfoot (a birth defect where one or both feet are rotated inwards and downwards).



# Small grants making a big impact

**Our Small Change Big Impact (SCBI) initiative awards grants of up to £2,000 to hospital staff for projects which help to improve patient environment and experience.**

This includes ward enhancements, recreational projects, non-essential equipment and much more.

In 2017, we awarded a total of £60,386 to 61 projects including:

- Digital ophthalmoscopes for the Emergency Department
- Waiting area chairs for Outpatients
- iPads for patients awaiting procedures in the Cath Lab
- Pharmacy label printers
- Fluid warmers for the Acute Assessment Unit
- Digital cameras for the Burns Unit
- New X-ray leg rests
- Youth Forum activities
- Handheld fans to assist with breathlessness
- Kangaroo Care information cards for Neonatal Intensive Care Unit
- Patient paging system for orthopaedic patients
- Exercise equipment for respiratory patients

“The Children’s Physiotherapy team at Chelsea and Westminster work with children with a variety of conditions from developmental delay to cerebral palsy. The great toys funded by CW+ have added new life to our treatment space. Since getting our super play kitchen and all the other toys, motivation for Physiotherapy sessions has gone through the roof! It’s great being able to see the children enjoying themselves and achieving their movement goals at the same time without even noticing!”

Kerrie Smith, Senior Children’s Physiotherapist



Walking and mobility aids for the Physiotherapy department



Enthermic blanket warmer



Ceiling artwork for Dermatology theatres



Toys for paediatric physiotherapy



Bariatric training suit



Walking and mobility aids for Physiotherapy department



Remote physiotherapy exercise app



Milk warmer for Special Care Baby Unit



Padbot to allow intensive care consultants to remotely advise in other wards

# Transforming the experience and wellbeing of our patients

**Our art and design programme - which combines digital, visual and performing arts with innovative design - aims to transform the hospital experience and environment for patients, their families and the staff who care for them.**

## Emergency Departments

We have worked with a range of artists and designers to complete the Emergency Department redevelopments at both hospitals and create calm and relaxing environments.

Our digital artwork 'The Zoo' has been installed in all the paediatric treatment rooms at Chelsea and Westminster and distracts children while being treated. Due to the success of 'The Zoo', we have also installed it in the paediatric outpatients department. We were delighted to be chosen as part of Creative Review's The Annual 2018 in their 'digital experiential' category.

At Chelsea and Westminster Hospital, Monika Bravo has created a scheme of artwork for the Urgent Care Centre. Her overlaying of natural imagery, city scenes and bold colours has been applied to corridor spaces, treatments rooms and windows.

Artist and musician Brian Eno has created digital ceiling lightboxes and artworks for the fracture clinic.

Working with design company Boex and artist Ptolemy Mann we have also transformed the adult mental health assessment room.

"This new specially designed room will have a huge impact on the safety and experience of our patients with mental health needs - it is designed to provide a calm and non-clinical environment that also demonstrates to patients that we take their mental health needs seriously and compassionately. The feedback from patients about the newly finished room has been overwhelmingly positive."

Paul Morris, Lead Nurse - Mental Health



Urgent Care Centre



Chelsea and Westminster Hospital Paediatric Emergency Department waiting area



West Middlesex University Hospital Paediatric Emergency Department



Digital artwork 'The Zoo'



Mental health assessment room.



## Royal British Society of Sculptors

We were delighted to work with the Royal British Society of Sculptors to deliver the 2015 'FIRST@108: Public Art Award'. The winner of the award, Tabatha Andrews, created two new pieces of work for installation in the hospital. 'The Dispensary' sculpture is a cabinet of objects designed for people with dementia, providing them with something to interact with and stimulate them. We were thrilled to win Best Collaborative Arts Project (Static) at the prestigious 2017 Building Better Healthcare Awards for the sculpture.

## Marthe Armitage

We commissioned renowned artist Marthe Armitage to install her intricate, signature wallpaper designs in the Cardiac Care Unit and older patient wards at West Middlesex University Hospital to transform the environment for patients and their families. Marthe Armitage produces hand-printed wallpapers using the traditional technique of lino block printing, from her studio in Chiswick. A variety of her iconic and distinctive designs have been digitally printed using the latest technology onto vinyl which is a suitable material for the hospital environment.

## Royal College of Art and RELAX Digital

We commissioned design students from the Royal College of Art to create moving artworks as part of our RELAX Digital collection of calming digital artworks displayed on screens throughout Chelsea and Westminster Hospital, including the women's outpatients colposcopy examination rooms.

We asked 50 women to give feedback on the digital artwork after their appointment:

- 96% described the artwork as pleasant or extremely pleasant
- 85% told us that the artwork improved or greatly improved their anxiety
- 85% told us the digital artwork improved or greatly improved the experience of their examination



The Dispensary



Building Better Healthcare Awards



Marthe Armitage wallpaper in the Cardiac Care Unit



RELAX digital artworks

# Caring for our older patients

Research shows that older people in hospital can experience increased anxiety, isolation and decreased cognitive function<sup>4</sup>. Our Care of Older People programme is delivered across the older people wards at both hospital sites, where we transform the hospital environment and provide a wide range of participatory activities to reduce anxiety, improve well-being and promote social engagement.

## Patient stories

We have been working with social enterprise StoryAid to enhance the recovery and rehabilitation of patients using storytelling and conversation. Poet and Storyteller Eli Anderson has been encouraging patients to explore their own personal stories. By thinking about their own situations, the aim is to empower patients to view the challenges of their condition in a different and creative way.

## Creativity of movement

Thanks to funding from the Royal Borough of Kensington and Chelsea, performance artist Cai Tomas has been working with patients to improve mobility and wellbeing through sensory movement workshops. Cai uses a variety of objects, sound and different movements to encourage patients to increase and improve their mobility, while also being able to creatively express themselves and communicate either verbally or non-verbally.

## Upbeat strings

Professional violinist Adrian Garratt has been entertaining patients at their bedside with weekly live performances. Adrian plays a vast repertoire from memory, inviting choices from patients. These 'conversations with soundtrack' lead to very personal interactions - a wonderful antidote to feelings of anonymity often felt in hospitals. The highly interactive and upbeat performances improve mood and wellbeing in patients, visitors, and staff alike.

## Older Peoples Rhythm App (OPRA)

OPRA is an app created by CW+ which brings musical creativity to patients' bedsides through simple and intuitive touchscreen rhythm exercises. Developed for use with patients recovering from neurological disorders such as a stroke, patients can do these exercises regardless of mobility difficulties or physical disability.

## Creating a supportive environment

Research has found that for older patients, particularly those living with dementia, being in an unfamiliar setting such as hospital can often cause more confusion and distress<sup>4</sup>. We have installed supportive design improvements at both hospitals, including clear, visible, and identifiable signage. Individual, recognisable artworks have been installed in each bed bay to help with orientation and to start conversations, which can help with reminiscence.

<sup>4</sup>Dementia-friendly health and social care environments (HBN 08-02) Department of Health Part of: DH Health building notes and Dementia First published:25 March 2015 (Accessed online)



Percussion workshops



Weekly gardening workshops with Hammersmith Community Garden Association (HCGA).



Clay workshops



Upbeat strings



Weekly arts and crafts workshops, which take inspiration from our art collection



**We have expanded many of our participation, dance and music activities which we run with older patients to the paediatric wards at our hospitals for our younger patients and their families to enjoy.**

### Bringing furry friends to patients

We have been working in partnership with TheraPaws from animal welfare organisation Mayhew and Pets as Therapy to bring their therapy dogs to patients at both our hospitals. The dogs have had a real impact on patients, improving their mood and encouraging conversations between patients and staff.

“With all the great advances we have made in medicine and nursing, it was really touching to experience that ‘pet therapy’ opened the doors to a great recovery for one of our most vulnerable teenagers, allowing her to overcome her low mood and begin to communicate again”.

Tracy Armstrong, Paediatric Matron

### Wallace Collection workshops

Working with the Wallace Collection, we have been running ‘show and tell’ workshops where exhibits are shown to older patients. We have now extended these workshops to younger patients who have been enjoying learning about historical objects.

### Magic of the movies

Our state-of-the-art, 40 seat, 6 wheelchair and 5 bed CW+ MediCinema shows the latest film releases free of charge to patients and their loved ones five times a week. Our ‘Silver Screenings’ on Mondays show classic films for our older patients and our friends from the Royal Hospital Chelsea are also invited to attend these screenings. We also host adolescent and child screenings every week.

“Seeing a real cinema in a hospital, and screening the movies you screen, to me it was a revelation. A total joy. It lifts my spirits. If you are ever a patient in Chelsea and Westminster Hospital you must, you have to go, to the CW+ MediCinema. It will give you a more uplifting experience than anything you can imagine. It’s a wonderful idea.”

David Gant, patient



Our weekly lunchtime performances continue to entertain patients, visitors and staff every week. Following the performance, artists perform on different wards.



Akademi South Asian Dance entertain patients and families every month at both our hospitals



CW+ MediCinema screenings



Professional harpist Mark Levin plays his harp on our older patient wards and children’s wards at both hospitals once a week



Box Tale Soup came and performed a special, interactive puppet performance of Wind in the Willows for children



Pets as Therapy and TheraPaws

# Looking ahead

## Fundraising

- With the support of our Development Board, we will look to conclude our Critical Care Campaign fundraising target of £12.5 million.
- We will continue to engage with the local community to achieve our £100,000 Sun and Stars Appeal target to transform the children's wards at West Middlesex University Hospital.
- We will open a community hub at both hospitals, starting with Chelsea and Westminster Hospital in 2018.

## Grants and innovation

- We will continue to deliver a discretionary funding programme of at least £500,000 per year to support healthcare delivery in both hospitals.
- We will continue to work with the Trust to identify, help structure, fund and support new health innovation projects and partnerships.
- We will be working with the Trust to further strengthen innovation governance, impact measurement and dissemination processes.
- We are exploring how we might develop a new innovation hub to support and deliver change to address key problems in healthcare delivery.

## Arts, environment and patient experience

- We will continue to bring original artwork, innovative arts programming and good design into our hospitals, helping to transform the experience and environment for patients, their families and the staff who care for them.
- We will be further expanding and developing our programme at West Middlesex University Hospital, including the completion of our first major project funded through the Sun and Stars Appeal.
- We will launch a new artist residency working with the medium of drawing. The artist will capture the life of the hospital, as well as look at the role drawing has played in medicine.
- The first phase of the new Reuben Foundation Maternity Centre will be created, enhancing the quality of the environment in our maternity units.

We would like to thank our Boards and Committees for their continued support:

### Trustee Board:

Tony Bourne (Chair)  
Paul Best  
Jonathan Callaway  
Nick Gash  
Zoe Penn  
Liz Shanahan  
Sarah Waller CBE  
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