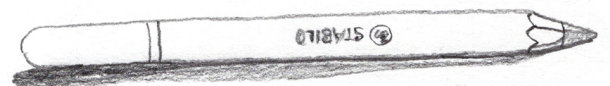
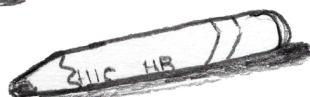


# Mindful Drawing

Marks and sounds  
what can you hear?



Find out more about Beatrix Potter  
on the National Portrait Gallery website  
and follow the activity instructions on the  
paired film 'marks and sounds'  
[www.npg.org.uk/mindful-drawing](http://www.npg.org.uk/mindful-drawing)



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